

Rumsey Hall Lower School

Spring



Afternoon Enrichment Program (AEP)
2020

Fridays in the Neighborhood: All Lower School Students

As part of our whole-child approach, Lower School students have additional free play and exploration time on Fridays from 3:00 pm to 4:30 pm. This allows students unstructured time to enjoy the company of friends at the end of a busy week while at the same providing opportunities to develop new friendships across grade levels. When the weather is cooperating, students will be outside playing with one another (field games, playground time, arts at the tables, sledding, boot skating, ice skating, etc.). When the weather is not cooperating, students will head inside to do free art and play board games with their friends. Families do not need to sign up for Fridays in the Neighborhood as all are welcome to stay as often as they like.

Nature Theme Time: Kindies - Pre-Primes

Come dressed in play clothes for this activity as most of your time will be spent outdoors discovering nature in creative ways through games, arts and crafts, science experiments, observations, and books. Each time this activity meets, students will focus on different nature focused activities from insects and trees to crayfish and rock collecting using Rumsey's campus as its classroom.

Spring Fun: Kindies - Pre-Primes

Join us for some good, old-fashioned, unbridled, make-it-up-as-you-go imaginative play: jumping rope, playing tag, drawing with chalk, exploring bubbles, jumping puddles, and spring inspired crafts if it gets too rainy. Dig a hole to China in the sandbox. Climb Mt. Everest on the dome. Hide from a seeker, kick a can, or just relax and blow bubbles. Come play with us!

Fairyland: Kindies - Pre-Primes

During our magical afternoons, we will learn about different kinds of fairies through stories. Together, we will create and build fairy houses and even a fairy city. We will also create a magical butterfly garden with spring flowers and painted rocks. We will make clay fairy creations and make fairy wind chimes.

Super Explorers: Kindies - Pre-Primes

Each week we'll head over to Treasure Island for some free play. Please dress for mud, water, prickles, tree-climbing--and of course, adventure. We'll spend an hour making forts, mudpies, dams, bridges, and whatever else comes to mind, taking the gift of fresh air and the great outdoors.

IIIrd Form Musical: IIIrd Form Students Only on Mondays

In this required class, IIIrd Formers work toward the launch of their musical.

Study Club: Primes – IIIrd Form

Is your schedule too busy? Do you want to have more free time at home? Study Club is your chance to get your homework done before you leave the school campus. Teachers provide the quiet atmosphere; you provide the brain power. The supervising teacher is always there to help.

Springtime Crafts: Primes - IIIrd Form

The weather will be warmer before you know it and spring is just around the corner. Bring your creativity and love for nature to this activity. We will make bird nests, paint flower pots, decorate Easter eggs, and so much more!

Star Wars: Primes - IIIrd Form

A long time ago in a galaxy far far away... you and the other Jedi will do various activities based off of the Star Wars franchise. Come hang out with a group of dedicated fans, create your own lightsaber hilt, have a Nerf gun battle on Endor (Treasure Island), create a droid, and much more. We look forward to having you aboard and remember: May the Force be with you always.

Drones: Ist – IIIrd Form

Students will learn about the science of drone technology (unmanned aerial vehicles-UAVs) and then fly our school's drones through a number of obstacle courses. Though the school has drones for our use, students may bring in their own to fly if they have one. The sky's the limit with this activity.

Dodgeball: Primes – IInd Form

All types of dodgeball games will be played in this high action, adrenaline filled activity. Students in this activity should not be afraid of getting hit with balls!

Observational Drawing: Primes - IInd Form

Do you love to draw in nature? Our gorgeous campus serves as an inspiring location for outdoor drawing landscapes by the river, near the pond, or in the woods. We will even take a trip off campus to observe some less familiar sights for drawing.

Origami: Pre-Primes-IIIrd Form

Have you ever tried making origami? It's the Japanese art of paper folding, and you can make all sorts of creations with sheets of colorful square paper!

Polymer Clay: Pre-Primes - IIIrd Form

This colorful clay can be sculpted into just about anything, and it can be baked in a conventional oven to harden. Come join this AEP if you love making miniature creations in clay. We will have a few projects and some choice sculpting opportunities. We will also have some Play Doh time!

Woodshop: Ist- IIIrd Form

Ever wanted to build something out of wood or use certain tools in your parent's toolbox? If so, join Mr. Lord in our woodshop and help build a variety of things such as chairs, bird feeders, and much more!

Outdoor Adventure: Pre-Primes – IIIrd Form

This activity is perfect for children who like the great outdoors. When it comes to being outside, the options are endless. Get ready to take on new challenges and connect with the natural world. Be sure to dress for the weather: raincoats, sneakers, boots, warm coats, etc. This activity never stays inside!

Kickball: Pre-Primes – IIIrd Form

Kickball is an all-around great game to play after school with your friends. However, we will not just be playing your average kickball game; you have been warned! We will be playing different versions of kickball and each has a twist. For example, in crazy kickball, players run to first base, then across to third base, then up to second base and then to home. The next twist on dodge-ball is called one base, because only one base is placed where the second base usually sits. Experience these new, exciting kickball games that are all the craze!

Sideline Soccer: Pre-Primes – IIIrd Form

In this activity, students will head out to the field for an afternoon of sideline soccer where good sportsmanship and skills are taught through game-play. Players need to wear cleats and shin guards.

Yoga: Primes - IIIrd Form

Come chill out, stretch, and even get a little stronger this spring. Yogis in this class will learn a variety of Hatha yoga poses with some game playing, singing, dancing, meditations, mantra chanting, and guided rest (savasana). You will need loose, comfortable clothing and your own yoga mat.

Ga Ga Ball and Capture the Flag: Pre-Primes – IIIrd Form

You know that everyone's going gaga over gaga. But what is it? Here's the 101 on how to play gaga ball: Gaga is a fast paced, high energy sport played in an octagonal pit. The more players the better! Dubbed a kinder gentler version of dodgeball, the game is played with a soft foam ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees. Players need to keep moving to avoid getting hit by the ball. Fun and easy, everyone gets a serious workout! AND...What's better than playing outside with a big group of friends on a spring day?! Capture the flag is a great game to play with friends, working as a team for the thrill of finding your opponent's flag and trying to stay out of jail.

Urban Dance: Primes - IIIrd Form

Urban dance is a combination of many different dance styles but mainly utilizes hip hop. Unlike other styles, there aren't any formal rules, and it is more focused on freedom of movement and expression. This class will explore different forms of movement and will help students to develop a love of dance!

Aaron Bautista is a dancer and certified personal trainer from New Milford CT. He has been dancing for over 5 years, and he has learned many styles from dance industry leaders around the world. Aaron has performed in numerous concept videos and also at the Crowne Plaza Hotel in Time Square Plaza for Couture Fashion Week. As a dancer with a heavy background in freestyle, he is rich in creativity and freedom of movement.

Cost: \$175.00 for the term *Checks for the full amount should be turned in with your child's selection sheet.*

Tang Soo Do (Martial Arts): Pre-Primes – IIIrd Form

Tang Soo Do is for everyone, at every age, at every level of fitness. Each student is encouraged to become their personal best. Frannie Caco offers a balanced martial arts training program by incorporating Cheezic Tang Soo Do forms (kata), kicks and hand techniques, self-defense, and conditioning into an all-encompassing program that will train your total mind and body. A concentration on discipline, focus, and self-confidence is incorporated into each class. Through various karate drills and techniques, students will learn respect and to respect others. The goal is to have the children embrace the fundamentals of Tang Soo Do while having fun.

Cost: \$95 for the term (includes grading) plus \$25 for uniform (if needed). *Checks for the full amount should be turned in with your child's selection sheet.*

Private Voice Lessons with Kristin Richards: Pre-Primes – IIIrd Form

In this class, students will learn fundamental voice skills, including proper technique, music notation, music theory, sight-reading, intonation, and general musicality. Kristin's teaching inspires students to learn at a comfortable pace and to master the skills necessary for musical success. Students will rotate between lessons and Study Club. Lessons start at 3:00, 3:30, 4:00, and 4:30.

Kristin Richards is a graduate of Syracuse University's College of Visual and Performing Arts (Bachelor of Music) and University of Colorado at Boulder (Master of Music). Kristin served as Music Director at The Forman School in Litchfield, The Gunnery in Washington, and St. Joseph School in New Haven. She was also an instructor at the National Guitar Workshop, where she taught the seminar "Rock and Roll Kids." In 2001, she published two textbooks, *Keyboard Made Easy* and *A Curriculum Guide for Day Jams* for Workshop Arts. Kristin has also served as a teacher for Kindermusik International and as a course facilitator for Boston University's Online Music Education Program and for the University of Phoenix. She is a member of the Connecticut Music Educators Association and National Association for Music Education.

Cost: \$35.00 per student per 30-minute private lesson plus book cost for new students

or students progressing to a new level. The full amount is \$280.00 for the term. Checks should be turned in with your child's selection sheet.

Private Piano Lessons with Kristin Richards: Pre-Primes – IIIrd Form

In this class, students will learn fundamental piano skills, including proper technique, music notation, music theory, sight-reading, and general musicality. Kristin's teaching inspires students to learn at a comfortable pace and to master the skills necessary for musical success. Randall and Nancy Faber's Piano Adventures series will be the textbook for the class. Each level includes Theory, Performance, Technique & Artistry, and Popular Repertoire. Students will rotate between lessons and Study Club. Lessons start at 3:00, 3:30, 4:00, and 4:30. Students need to have a piano or keyboard at home on which to practice.

Kristin Richards is a graduate of Syracuse University's College of Visual and Performing Arts (Bachelor of Music) and University of Colorado at Boulder (Master of Music). Kristin served as Music Director at The Forman School in Litchfield, The Gunnery in Washington, and St. Joseph School in New Haven. She was also an instructor at the National Guitar Workshop, where she taught the seminar "Rock and Roll Kids." In 2001, she published two textbooks, *Keyboard Made Easy* and *A Curriculum Guide for Day Jams*. Kristin has also served as a teacher for Kindermusik International and as a course facilitator for Boston University's Online Music Education Program and for the University of Phoenix. She is a member of the Connecticut Music Educators Association and National Association for Music Education.

Cost: \$35.00 per student per 30-minute private lesson plus book cost for new students or students progressing to a new level. The full amount is \$280.00 for the term. Checks should be turned in with your child's selection sheet.

Private Ukulele Lessons: Pre- Primes - IIIrd Form

Learn to play the ukulele with Mr. Troy or Mrs. Richards! Weekly lessons include tuning your ukulele, learning your first three chords, learning to strum, and learning songs.

Cost: \$35.00 per student per 30-minute private lesson. It is recommended that students own their own ukuleles, but the instructor can also provide an instrument to be used during the lessons if needed. The amount is \$280.00 for the term if scheduled Wednesdays and \$315.00 if the class is on Tuesday. Checks for the full amount should be turned in with your child's selection sheet.

Private Guitar or Ukulele Lessons with Anthony Troy: Pre-Primes – IIIrd Form

In this class, students will be covering every aspect of guitar playing: sight reading, chord knowledge, scale knowledge, music theory, improvisation, and songwriting skills. Students will become well-rounded with a deeper understanding of what it means to be a musician. Classes will run for 30 minutes. Students will rotate between lessons and Study Club. Lessons will be held on Wednesdays starting at 3:00 and 4:00, and Fridays 3:00 and 3:30. Students need to have their own guitar.

Anthony Troy has taught private lessons to hundreds of students across the country in-person and online for over 12 years. He has taught clinics, workshops and master classes throughout the U.S. He is an award winning composer, signed professional musician and has studied at top music schools. Anthony was selected to score the award winning short film "Lost" written by Michael Chen which won "Best Music", "Best Film", "People's Choice Award," and "Best Story" at film festivals VISFF and MSFF of 2016. Anthony is signed by FRETMONKEY RECORDS; a record label consisting of 21 professional and multi-award winning guitarists from a span of over 13 different countries. He has studied at the University of Wisconsin Milwaukee for his B.F.A. in Fingerstyle Guitar, the only school in the world to hold this degree, under John Stropes, Rene Izquierdo and Andrew Lardner. He studies

classical guitar at the Juilliard School under Tengyue Zhang (GFA 2017) and Jazz Guitar under Ted Morcaldi (Matt Whitaker Trio, Mad Satta) at Western Connecticut State University. Anthony's goal as a teacher is to educate his students to play the music they love and what had inspired them to pick up the guitar. Throughout his years of teaching, he continues to cure the struggle and frustration that students experience while learning the guitar.

Cost: \$35.00 per student per 30 minute private lesson plus book cost for new students or students progressing to a new level. The full amount is \$315.00 for the term. Checks should be submitted with your child's selection sheet.

Private Drum Set Lessons with John Marshall: Pre-Primes – IIIrd Form

Award winning percussionist and educator John Marshall will teach all aspects of drum set repertoire. Rock, Funk, Jazz, R&B, and ethnic styles will be covered, as will reading, rudiments, technique, improvisation, and general music theory. John will help develop your own "sound" and provide you with the skills you need to become an accomplished drummer. Classes will run for 30 minutes. Students will rotate between lessons and Study Club. Lessons start at 3:30, 4:00. A drum set or Remo practice drum pad is required for home practice.

Cost: \$45.00 per student per 30 minute private lesson plus \$60 one time book/materials (sticks and 3 books) cost for new students. The full amount for the term is \$315.00. Checks should be submitted with your child's selection sheet.